Discussion Questions

*My Master's Robe*

by Thích Nhất Hạnh

Zen master, poet, and peace activist Thích Nhất Hạnh (Thầy) was born in Vietnam in 1926 and ordained as a Buddhist monk at the age of sixteen. These stories are from his time as a novice.

1. Which story in the book was your favorite? Why did you enjoy it most?

2. Did you gain particular insight while reading these stories from Thầy’s life?

3. What surprised you in these stories, if anything?

4. Did you relate to any of the people in these stories?

5. Does viewing life through Thầy’s eyes at this age help you relate to him in a new way?

Zen Master Thích Nhất Hạnh is a global spiritual leader, poet, and peace activist, revered around the world for his pioneering teachings on mindfulness, global ethics, and peace. Over seven decades of teaching, he published more than 100 books. Exiled from Vietnam in 1966 for promoting peace, his teachings on Buddhism as a path to social and political transformation are responsible for bringing the mindfulness movement to Western culture. He established the international Plum Village Community of Engaged Buddhism. He passed away in 2022 at the age of 95 at his root temple, Từ Hiếu, in Huế, Vietnam.