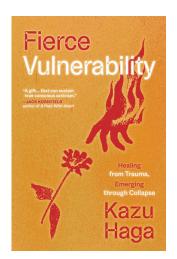


## Discussion Questions: Fierce Vulnerability by Kazu Haga



Section 3: The Delusion of Knowing, Healing Is Not Enough, Resistance as Spiritual Practice, A New Generation of Training, Remembering

- 1. Choose one of the *Practices to Listen to Emergence* that you will practice in your daily life. Why did you choose the one you did? Once you've tried it, reflect on your experience with the practice.
- 2. The author explores new ways to think of direct action, including the idea of ceremony. He also says, "It's not necessary each individual engage in direct action. It may

not be their vocation. But if someone is clear direct action is not their work, how can they utilize the gifts they have to support work happening on the front lines?" (p. 190) Are you inspired to take direct action with this new way of seeing it? Are there other ways that you can, or do, utilize your gifts and vocation?

- 3. What is your relationship to grief? Reflect on the last time you:
  - Intentionally took time to grieve
  - Grieved with others
  - · Publicly grieved
- 4. The author shares seven hypotheses about our world moving forward. (p. 238) Which of these aligned with your experience? Which challenged it?
- 5. What is one thing you will take away from reading and discussing this book?



**Kazu Haga** is a trainer and practitioner of nonviolence and restorative justice, a core member of Building Belonging, the Ahimsa Collective and the Fierce Vulnerability Network, is a Jam facilitator and author of *Healing Resistance* and *Fierce Vulnerability*. He works with incarcerated people, youth, and activists from around the country. He has over 25 years of experience in nonviolence and social change work. He is a resident of the Canticle Farm community on Lisjan Ohlone land, Oakland, CA, where he lives with his family. You can find out more about his work at www.kazuhaga.com.